

SUMMER CLASS SCHEDULE

July 1st - August 24th

Next Dimension will be closed July 4th - 7th - Classes that are affected, will have a prorated price for July. Registration has begun! Sign up today through our website or front desk.

PRESCHOOL GYMNASTICS

(Boys & Girls ages 12 months - 5yrs)

Star Brights (Ages 12-24 months)

This is a parent participation class. Younger children may accompany older children if they are in a stroller or infant carrier.

Friday 9:15-10:00

Saturday 8:45-9:30

Tuition: \$98.00 per month

Come with Me (Ages 2 & 3)

This is a parent participation class. Younger children may accompany older children if they are in a stroller or infant carrier.

Friday 9:15-10:00

Saturday 8:45-9:30

Tuition: \$98.00 per month

Star Gazers/Catchers (Ages 4 & 5)

Monday 4:10-5:10

Tuesday 4:10-5:10, 5:30-6:30

Wednesday 4:10-5:10 5:30-6:30

Thursday 4:10-5:10, 5:30-6:30

Saturday 8:45-9:45, 10:00-11:00

Tuition: \$120.00 per month

BOYS GYMNASTICS

(Boys ages 6+)

First Dimension Boys (Beginner)

Ages 6 and up

Tuesday 4:10-5:10

Tuition: \$120.00 per month

Boys Elite (Intermediate & Advanced)

Ages 7 and up

Monday 5:30-7:00

Tuition: \$155.00 per month

GIRLS GYMNASTICS

(Girls ages 6+)

First Dimension (Beginner)

Ages 6 and up

Monday 4:10-5:10

Tuesday 4:10-5:10, 5:30-6:30

Wednesday 4:10-5:10 5:30-6:30

Thursday 4:10-5:10, 5:30-6:30

Saturday 10:00-11:00, 11:15-12:15

Tuition: \$120.00 per month

Ages 9 and up

Monday 5:30-6:30

Tuition: \$120.00 per month

Second Dimension (Intermediate)

Ages 7 and up

Monday 4:10-5:40, 5:30-7:00

Tuesday 4:10-5:40, 5:30-7:00

Wednesday 4:10-5:40, 5:30-7:00

Thursday 4:10-5:40, 5:30-7:00

Saturday 11:15-12:45

Tuition: \$155.00 per month

Third Dimension (Advanced)

Ages 7 and up

Monday 5:30-7:00

Tuesday 5:30-7:00

Wednesday 5:30-7:00

Thursday 4:10-5:40

Tuition: \$155.00 per month

4th Dimension (Xcel Pre-Team)

This workout is by invitation only. Your gymnast will focus on learning the skills and routines needed to prepare for our Xcel Team.

***Please see front desk for more information**

TUMBLING CLASSES

(Boys & Girls ages 7+)

Tumbling (All levels)

Monday 4:10-5:10

Thursday 6:00-7:00

Tuition: \$120.00 per month



★ ★ NINJA CLASSES ★ ★

Class uniform requirements:

ND Ninja T-shirt, Shorts/Sweatpants & Sneakers. ND Ninja T-shirt available for purchase at our front desk.

Ages 4-6 (Boys & Girls)

Tuesday 4:15-5:15

Wednesday 5:25-6:25

Thursday 4:15-5:15

Ages 7-10 (Boys & Girls)

Tuesday 5:25-6:25

Wednesday 4:15-5:15

Ages 11-15 (Boys & Girls)

Thursday 5:25-6:25

Tuition: \$108.00 per month